

NPC ILLINOIS BODYBUILDING PRESENTS

# 2018 Midwest Gladiator

Bodybuilding, Figure, Bikini, Men's & Women's Physique  
National Qualifier & New Novice Divisions

SPONSORED BY



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NPC SANCTION # 3261



Saturday November 3rd, 2018

Copernicus Center

5216 W. Lawrence Avenue, Chicago, IL

[www.copernicuscenter.org/midwest-gladiator-2018](http://www.copernicuscenter.org/midwest-gladiator-2018)



## IFBB PRO

# Guest Posers

### MATT KOUBA



### JUSTIN MAKI

#### Awards

- \*Most Muscular for Men in Bodybuilding or Classic Physique
- \*Most Symmetrical in Women's Physique

#### New for Competitors

Coach Pass – Coach back stage for pre-judging & night show, \$125.00.

Competition Spray Tan, e-mail [michelle@usagyminc.com](mailto:michelle@usagyminc.com)

Competition Make Up & Hair, e-mail [megan@meganmelone.com](mailto:megan@meganmelone.com)

#### New Divisions

- \*Men's Classic Physique Division
- \*Expanded Height Classes in Novice Bikini & Men's Classic Physique
- \*Novice Men's, Figure, Bikini & Physique Divisions

#### Schedule

Pre-Judging starts at 10:00 AM CST

Evening Show starts at 5:00 PM CST

\*No Weights Will Be Provided \*Bring your own bands

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VISIT US ONLINE [www.npcillinoisbodybuilding.com](http://www.npcillinoisbodybuilding.com)

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## OFFICIAL ENTRY FORM

ENTRY FORM INSTRUCTIONS: Please complete this form and mail **CASH OR MONEY ORDERS ONLY** for \$100.00 per division entered to P.O. Box 1571, Bridgeview, IL 60455. Entries must be postmarked by **October 20<sup>th</sup>, 2018** to avoid a late fee of \$50.00. **ABSOLUTELY NO PERSONAL CHECKS ACCEPTED. MAKE ALL MONEY ORDERS OUT TO CHUCK SANOW. PLEASE PRINT LEGIBLY!**

NAME: \_\_\_\_\_ NPC CARD # \_\_\_\_\_  
FIRST MIDDLE INITIAL LAST

STREET ADDRESS: \_\_\_\_\_ CITY \_\_\_\_\_ STATE: \_\_\_\_ ZIP: \_\_\_\_\_

TELEPHONE: (\_\_\_\_) \_\_\_\_\_ E-MAIL ADDRESS: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_/\_\_\_\_/\_\_\_\_ AGE UPON DATE OF EVENT: \_\_\_\_ I AM COMPETING IN.... (CHECK ALL DIVISIONS ENTERED).

**A \$100.00 FEE IS REQUIRED FOR EACH DIVISION ENTERED. NON-REFUNDABLE!**  
**FOR CONFIRMATION OF ENTRY, PLEASE INCLUDE A SELF ADDRESSED STAMPED ENVELOPE OR POSTCARD.**

### TEEN MEN BODYBUILDING

- LIGHT\*  
 HEAVY\*

\*TO BE VERIFIED AT CHECK-IN

### MASTER'S MEN BODYBUILDING

- 35 - 39  
 40 - 49  
 50 - 59  
 60 - 69  
 70 & OVER

### MEN'S NOVICE BODYBUILDING

- LIGHT = Up to 154 ¼  
 MIDDLE = 154 ¼ to 176 ¼  
 LIGHT HEAVY = 176 ¼ to 198 ¼  
 HEAVY = 198 ¼ & Over

### MEN'S OPEN BODYBUILDING

- BANTAM = Up to 143 ¼  
 LIGHT = 143 ¼ to 154 ¼  
 MIDDLE = 154 ¼ to 176 ¼  
 LIGHT HEAVY = 176 ¼ to 198 ¼  
 HEAVY = 198 ¼ to 225 ¼  
 SUPER HEAVY = 225 ¼ & Over

### WOMEN'S PHYSIQUE

- SHORT = Up to 5'6"  
 TALL = 5'6" and Over

### MASTERS MEN'S PHYSIQUE

- 40 & Over

### NOVICE MEN'S PHYSIQUE

- One Division Only

### OPEN MEN'S PHYSIQUE

- A = Under 5'8"  
 B = 5'8" to 5'10"  
 C = 5'10" to 6'0"  
 D = 6'0" & Over

### MASTERS MEN'S CLASSIC PHYSIQUE

- One Division Only

### NOVICE MEN'S CLASSIC PHYSIQUE

- One Division Only

### MEN'S CLASSIC PHYSIQUE

- A = Up to and including 5'7"  
 B = Over 5'7" up to including 5'10"  
 C = Over 5'10" - 6'  
 D = 6' & Over

### TEEN MEN'S PHYSIQUE

- One Division Only

### MASTER'S BIKINI

- 35 - 44  
 45 & Over

### NOVICE BIKINI

- Two Classes (Divided at Check In)

### BIKINI

- A = Up to 5'2"  
 B = 5'2" to 5'4"  
 C = 5'4" to 5'6"  
 D = 5'6" & Over

### MASTER'S FIGURE

- 35 - 39  
 40 - 49  
 50 & Over

### NOVICE FIGURE

- One Class Only

### FIGURE

- A = Up to 5'4"  
 B = 5'4" to 5'6"  
 C = 5'6" & Over

### FITNESS

- One Division Only

### COACH PASS

- \$125 \*Includes Wrist Band

TOTAL DIVISIONS ENTERED: \_\_\_\_ X \$100.00 (ADD \$125.00 FOR COACH PASS IF SELECTED) = TOTAL AMOUNT ENCLOSED: \$ \_\_\_\_\_

**TERMS & CONDITIONS** - By completing and submitting this entry, I hereby agree to hold harmless and waive any and all rights and claims of damages or liabilities of any kind against the organizers, Chuck Sanow, the National Physique Committee of the USA, Inc (the NPC), The Copernicus Theater, or any agents, employees, representatives of assignees of the foregoing persons or entities for any and all injuries or damages I may incur while traveling to or from or participating in this competition. I certify and duly swear that I am an amateur competitor as defined by the rules of the NPC and am therefore eligible to compete in this competition in the Division(s) in which I have entered. I further agree to abide by all decisions of the NPC and show organizers and declare that all information contained herein is to the best of my knowledge, true, accurate and complete.

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## Pre-Show Check-In

**Pre-Show Check-In Friday November 2<sup>nd</sup>, 2018.** **ALL COMPETITORS** must check-in between the hours of 12 noon - 7 PM CST at USA Gym, 7621 W. 100th Place, Bridgeview, IL 60455 the day before the show. **NO EXCEPTIONS.** You **MUST** bring the required items listed below in order to check-in **AND ON THE day of the show.** **If you do not have them, you will not be allowed to compete.**

- Music - Your single selected cut on an otherwise clean CD (Required for Bodybuilding, Men's Classic Physique & Women's Physique Only)
- Valid NPC Membership Card or cash to purchase membership. (approximately \$125.00)
- Posing trunks/suit
- Classic Physique Shorts & Physique Board Shorts

## Show Schedule

**MANDATORY COMPETITORS MEETING AT 8:30 AM ON SATURDAY November 3<sup>rd</sup>, 2018**

Pre-judging 10 AM and the Evening show starts at 5 PM CST.

## Eligibility

**Each competitor** must be registered with the NPC and must present a current NPC membership card, current NPC membership payment receipt or purchase an NPC card at this competition.

**Each competitor:** A) Must have reached their 35<sup>th</sup>/40<sup>th</sup>/50<sup>th</sup>/60<sup>th</sup> or 70<sup>th</sup> birthday by date of show. B) Must provide proof of age with a birth certificate, driver's license or state ID.

**Teen Men:** Must have reached their 13<sup>th</sup> birthday, but not their 20<sup>th</sup> birthday by date of show.

**Novice Men & Women:** Cannot have won their class at a NPC contest.

**Men's Classic Physique:** Visit the NPC National site, Rules page for specific height and weight requirements\* <http://npcnewsonline.com/classic-physique/>

**\*If you do not make weight for this class, you will either go into physique or bodybuilding. No refunds will be given.**

## Show

**Prejudging:** No free posing in the morning.

**Posing/Music:** Evening show: 60 seconds posing with music. At check-in, each bodybuilding and women's physique competitor must provide 1 CD with your selected music cut on an otherwise clean CD. All competitors will be presented at the evening show. In case of failed CD, house music will be provided for your routine. Music must not contain any profanity.

**Awards:** Trophies awarded to the top 5 places in each weight or age class and to the overall winners of the Men's and Women's divisions.

**Rules and Entry Fees:** Athletes who compete in pre-judging must participate in evening show. Solid color posing suits only. No T-back suits permitted. No jewelry is permitted (except wedding rings). Athletes must exhibit good sportsmanship at all times. Only competitors and officials are allowed backstage or in the pump-up room. Current NPC rules apply. No Hot Stuff or Analgesic sprays are allowed (no exceptions). No bottled tanning lotion allowed in building. Please have your tanning preparation done before you arrive. **YOU WILL BE DISQUALIFIED FOR PUTTING TANNING COLOR ON IN THE BUILDING.**

## Competition Spray Tan

Book your appointment with Michelle, e-mail: [michelle@usagyminc.com](mailto:michelle@usagyminc.com)

## Entry Fees

**\$100.00 CASH OR MONEY ORDER IS REQUIRED** for each division entered and must be accompanied by a completed entry form. Entry fees are **NON-REFUNDABLE.** All entries submitted by mail must be **postmarked by October 20<sup>th</sup>, 2018** or a late fee of \$50.00 will be charged.

## Host Hotel

Comfort Inn O'Hare 2175 E. Touhy Ave Des Plaines, IL 60018, 847-635-1300 mention "NPC Midwest Gladiator" for rate \$89.99.

**NO ENTRIES ALLOWED OR ACCEPTED THE DAY OF THE SHOW. LAST CHANCE TO ENTER IS THE DAY BEFORE THE SHOW AND IN PERSON AT USA GYM, 7621 W. 100<sup>th</sup> PLACE, BRIDGEVIEW, IL 60455 between the hours of 12:00 PM and 7:00 PM CST.**

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## OFFICIAL TICKET ORDER FORM

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**PLEASE PRINT CLEARLY AND LEGIBLY TO ASSURE DELIVERY OF YOUR TICKETS.**

FIRST NAME: \_\_\_\_\_ LAST NAME: \_\_\_\_\_

STREET ADDRESS: \_\_\_\_\_ CITY \_\_\_\_\_ STATE: \_\_\_\_ ZIP: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_ E-MAIL ADDRESS: \_\_\_\_\_

Pre Judging \$25.00 General Admission

Evening Show \$50.00 Reserved Seating

QTY: \_\_\_\_\_ X \$25.00 = \_\_\_\_\_

QTY: \_\_\_\_\_ x \$50.00 = \_\_\_\_\_ TOTAL ENCLOSED: \$ \_\_\_\_\_



7621 W. 100<sup>TH</sup> PLACE

BRIDGEVIEW, IL 60455

<http://www.usagyminc.com>